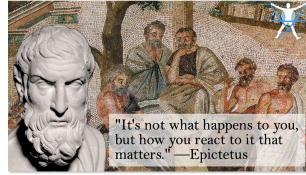


THE INSTITUTE OF WORLD CULTURE
STUDY CIRCLE PROGRAM
Tuesdays at 7:30PM PST



“For Epictetus, a happy life and a virtuous life are synonymous. Happiness and personal fulfillment are the natural consequences of doing the right thing. . . Part of his genius is his emphasis on moral progress over seeking moral perfection.”

– Sharon Lebell

The January Study Circle will be dedicated to the study of the work of the Stoic philosopher, Epictetus, the teacher of the better-known Marcus Aurelius. We will be using Sharon Lebell’s rendering of the work of Epictetus – *The Art of Living: The Classical Manual on Virtue, Happiness, and Effectiveness* (formerly published as *A Manual for Living*). Lebell is able to translate the thought of Epictetus into a very accessible language while maintaining the original meaning. In the crisis oriented, confusing, violent and seemingly unjust world we experience today, Epictetus offers us the soothing influence of a philosophy applicable to every person, of whatever station or circumstance.

The final meeting of January will focus on teaching what we have learned.

January 2023 Study Circle Program

- 3rd *The Art of Living*, pp. vii –xiii and pp. 2-3.
Screening of Sharon Lebell video: “Living the Best Possible Life”
- 10th *The Art of Living*, “Harmonize Your Own Actions with the Way Life Is”, pp. 4-31.
- 17th *The Art of Living*, “Self-Mastery is Our True Aim”, pp. 32-57.
- 24th *The Art of Living*, “Conduct Yourself with Dignity”, pp. 58-79.
- 31st “Education and the Heart of Social Change” pdf essay by Robert W. Roeser