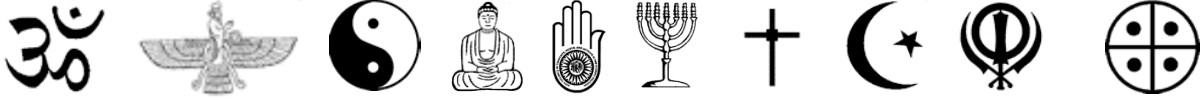


## The Golden Rule

*Every religion emphasizes human improvement, love, respect for others, sharing other people's suffering. On these lines every religion had more or less the same viewpoint and the same goal. – The Dalai Lama*



**Hindu**      *This is the sum of duty: do naught unto others which if done to thee would cause thee pain.*

**Zoroastrian**      *That nature alone is good which refrains from doing unto another whatsoever is not good for itself.*

**Taoist**      *Regard your neighbour's gain as your own gain, and your neighbour's loss as your own loss.*

**Buddhist**      *Hurt not others in ways that you would find hurtful.*

**Confucian**      *Do not unto others what you would not have them do unto you.*

**Jain**      *In happiness and suffering, in joy and grief, we should regard all creatures as we regard our own self.*

**Jewish**      *Whatever thou hatest thyself, that do not to another.*

**Christian**      *All things whatsoever ye would that men should do to you, do ye even so to them.*

**Islamic**      *No one of you is a believer until he desires for his brother that which he desires for himself.*

**Sikh**      *As thou deemest thyself, so deem others.*

**African**      *One going to take a pointed stick to pinch a baby bird should first try it on himself to feel how it hurts.*

**Native American**      *All things are our relatives: what we do to everything, we do to ourselves.*